

Brighton Recreational Centre

School Holiday Program - Show Day at the Rec

Term 1

February - March

Pre School & School Age Activities • Healthy Living • Crafts & Hobbies • Languages
Gymnastics • Birthday Parties • Fitness & Sport • Holiday Programs • Childcare



93 Outer Crescent, Brighton 3186
Tel: 9592 3033
Email: enquiries@brightonrec.com.au
www.brightonrec.com.au

Office of
Early Childhood Education
& Child Care

Pre School Activities...

MUSIC TREASURES

A new and exciting preschool music program where children are introduced to the world of music through singing, rhythm and listening activities in a group environment.

1 - 2 Year Olds

Tuesday 9.15am from February 7

Fee: \$78 8 x ½ hour sessions

Wednesday 9.15 from February 8

Fee: \$78 8 x ½ hour sessions

2 - 3 Year Olds

Tuesday 9.45am from February 7

Fee: \$94 8 x ¾ hour sessions

Wednesday 9.45 and 10.30am February 8

Fee: \$94 8 x ¾ hour sessions

2 ½ - 3 ½ Year Olds

Tuesday 10.30am from February 7

Fee: \$94 8 x ¾ hour sessions

Tutor: Inna Serota

OCCASIONAL CARE

Brighton Recreational Centre offers childcare for babies and preschoolers from 0-5 years, with a maximum of three hours per day and 10 hours per week. This service enables parents to take-a-break from their child care responsibilities. Bookings are essential.

Monday, Tuesday and Thursday 9.00am -12.00noon

Wednesday & Friday 9.00am - 3.00pm from

February 2

Fee: \$10.00 per child per hour (\$7.50 conc.)

Coordinator: Trudy Cinque

3 YEAR OLD KINDA

This program offers a diverse range of activities which are both stimulating and fun for the creative, adventurous 3 year old. Bookings are essential. *Annual Enrolment with payment on term basis.*

Monday 12.30pm from February 6

Fee: \$140 7 x 2½ hour sessions

Tuesday 12.30pm from February 7

Fee: \$160 8 x 2½ hour sessions

Thursday 12.30pm from February 9

Fee: \$160 8 x 2½ hour sessions

Coordinator: Trudy Cinque

MESSY MORNING PLAYGROUP

At Messy Mornings, children will have the opportunity to experience a wide variety of painting and art and craft activities, including finger painting, play dough and pasting. For children aged two and above with parent's participation.

Please bring a smock.

Thursday 9.30am from February 2

Thursday 10.30am from February 2

Fee: \$88 9 x ¾ hour sessions

Tutor: Gerda Collins

KINDERGYM

These classes are aimed at developing a child's balance, coordination, fine and gross motor skills through fun activities involving movement to music and games, using soft shapes and gymnastic equipment, all with parent participation. Please note that no siblings will be allowed to participate in these classes.

*All children are registered with the peak body **Gymnastics Victoria** and these annual fees are in addition to class fees.*

1 - 2 Year Olds

Friday 9.30 and 10.15am from February 3

Fee: \$76 9 x ½ hour sessions

2 - 3 Year Olds

Monday 12.30pm from February 6

Fee: \$77 7 x ¾ hour sessions

Tuesday 9.30 and 10.30am from February 7

Fee: \$88 8 x ¾ hour sessions

Thursday 11.15am from February 2

Friday 11.15am from February 3

Fee: \$99 9 x ¾ hour sessions

Saturday 9.00am from February 4

Fee: \$88 8 x ¾ hour sessions

3 - 4 Year Olds

Tuesday 11.30am from February 7

Fee: \$88 8 x ¾ hour sessions

Wednesday 10.15am from February 8

Fee: \$88 8 x ¾ hour sessions

Friday 12.15pm from February 3

Fee: \$99 9 x ¾ hour sessions

Saturday 10.00am from February 4

Fee: \$88 8 x ¾ hour sessions

TUMBLEBEARS KIDS CLUB

The Tumblebears Kids Club has been designed to provide children aged 4 and 5 with the opportunity to participate in Junior Gymnastics as well as a specially designed art and craft session. This is a fun filled structured program incorporating many activities to help develop each child's social, emotional and physical well being.

*All children are registered with the peak body **Gymnastics Victoria** and these annual fees are in addition to class fees.*

Tuesday 12.30pm from February 7

Fee: \$158 8 x 2½ hour sessions

Wednesday 12.30pm from February 8

Fee: \$158 8 x 2½ hour sessions

Instructors: Gail, Ruth, Kelly Ann and Tarryn

JUNIOR GYM

Junior Gym classes are for 4 and 5 year old boys and girls.

This is an introduction to general gymnastics with an emphasis on movement for fun and enjoyment. *All children are registered with the peak body **Gymnastics Victoria** and these annual fees are in addition to class fees.*

4 - 5 Year Olds (Pre-schoolers)

Monday 1.30pm from February 6

Fee: \$82 7 x 1 hour sessions

Tuesday 4.00pm from February 7

Wednesday 11.15am from February 8

Fee: \$94 8 x 1 hour sessions

Thursday 12.15pm and 1.30pm from February 2

Fee: \$106 9 x 1 hour sessions

Saturday 11.00am and 12.00noon from February 4

Fee: \$94 8 x 1 hour sessions

Pre School Activities...

SPORTZBUZZ

First session FREE, give it a go!

Sport, Physical Fitness and Life Lesson coaching for kids. We motivate kids to be active, healthy, fit and focused. We give 2-6 year olds the opportunity to enjoy exercise and be exposed to our wide range of sports. With our fun educational approach to sport, small, busy buzzing classes, innovative equipment and experienced instructors, your kids are guaranteed to have a ball. Get going early - experience our specialized and unique program for 2 year olds.

2-3 Year Olds -30 minute sessions

Monday 9.15, 10.30 & 11.00am from February 6
Tuesday 9.15, 9.45, & 10.15am from February 7
Thursday 10.00, 10.30 & 11.00am from February 2
Friday 9.15, 9.45 & 10.15am from February 3

3-4 Year Olds - 45 minute sessions

Monday 9.45am from February 6
Tuesday 10.00 & 10.45am from February 7
Thursday 9.15 & 10.00am from February 2
Friday 10.00 & 10.45am from February 3

4-5 Year Olds - 45 minute sessions

Tuesday 9.15am from February 7
Thursday 9.15 & 10.45am from February 2
Friday 9.15 & 10.45am from February 3

Fee: \$15.00 + GST per session,
payable on a term basis.

Enquiries and Bookings

Nicole 0407 006 885 / 0412 020 552

Email: buzz@sportzbuzz.com.au

www.sportzbuzz.com.au

CONCEPT KIDS

- have fun with science

Concept Kids is a unique program of science classes for inquisitive kids aged 4-6. Children learn about the natural and physical world through exciting experiments every session. Themes include Air & Water, Light & Colour, Earth & Space, Life Cycles, the Human Body, Rocks & Fossils, Construction & Materials, Kitchen Chemistry, Electricity, Forces and Motion, Magnets plus lots more! Class size is capped at 10 and the program is led by a fully qualified and experienced science teacher. Your budding rocket scientist/researcher will absolutely love it!!! A drop off pick up program. All materials included

4-5 Year Olds

Thursday 9.15am from February 9
Thursday 1.30pm from February 9
Friday 9.15am from February 10
Friday 11.15am from February 10

Fee: \$200 8 x 1½ hour sessions

Enquiries and Bookings:

Bronwen 0435 062 115

Website: www.conceptkids.com.au

LEARNINGLAND

Featuring Letterland phonics programs that make learning fun!

Learningland specialises in **FUN STRUCTURED** 1 & 2 hour programs that assist literacy, numeracy and speech for preschoolers. We feature internationally acclaimed **Letterland** resources. Children sing, dance, craft, write and play their way to developing excellent foundation literacy skills and confidence for school.

FREE Home Learning Series.

Est. 10 yrs. Sibling discounts apply.

FREE TRIAL CLASSES

Letters and Numbers 3-4 Year Olds

Monday 9.30am from February 6

Fee: \$147 7 x 1 hour sessions

Tuesday 10.45am from February 7

Wednesday 10.45am from February 8

Fee: \$168 8 x 1 hour sessions (incl materials)

Ready to Read 4-6 Year Olds

Tuesday 9.30am from February 7

Wednesday 9.30am from February 8

Friday 11.15am from February 10

Fee: \$168 8 x 1 hour sessions (incl materials)

Reading Rockets 4-6 Year Olds

Monday 10.45am from February 6

Fee: \$266 7 x 2 hour sessions (incl materials)

Friday 12.30pm from February 10

Fee: \$304 8 x 2 hour sessions (incl materials)

Register now for 2012 or miss out!

Enquiries and Bookings: 1300 139 859 or

www.learningland.com.au



From 2½ years to adults

- R.A.D. Classical Ballet
- TINYTOTS Fairy Magic Ballet
- Bopping Tots
- Songstars
- Broadway
- JazzFunk
- Hip Hop

- Contemporary
- Tap
- Zumba Adults
- Zumba Kids
- Adult Ballet
- VCE Dance
- Birthday Parties
- Mums & Bubs Dance
- Mum & Me TINYTOTS

Principal: Rachael Shiels

R.A.D. Teach Cert, R.A.D. Reg.

Teacher, R.A.D. Mentor C.B.T.S, B.A. (Dance), B. Teach,
V.C.E. Registered Provider

Brighton & East Bentleigh Studios

Tel: 9592 0890

Web: www.tdld.com.au

Email: info@tdld.com.au

School Age Activities...

GYMNASTICS

Our Gymnastics program aims to provide children with skills through a variety of apparatus in a fun relaxed atmosphere, leading onto competition level if so desired. *All children are registered with the peak body Gymnastics Victoria and these annual fees are in addition to class fees.*

GIRLS ARTISTIC GYMNASTICS

Beginners- Level 1 - minimum age 6

Monday 4.00pm from February 6

Fee: \$85 7 x 1 hour sessions

Tuesday 5.00pm from February 7

Wednesday 4.00pm from February 8

Fee: \$98 8 x 1 hour sessions

Thursday 4.00pm from February 2

Friday 4.00pm from February 3

Fee: \$109 9 x 1 hour sessions

Saturday 1.15pm from February 4

Fee: \$115 8 x 1¼ hour sessions

GIRLS ARTISTIC EXTENSIONS

7 - 9 Year Olds

Monday 5.00pm from February 6

Fee: \$112 7 x 1½ hour sessions

Thursday 5.00pm from February 2

Fee: \$144 9 x 1½ hour sessions

Saturday 2.30pm from February 4

Fee: \$146 8 x 2 hour sessions

9+ Year Olds

Wednesday 5.00pm from February 8

Fee: \$146 8 x 2 hour sessions

Friday 5.00pm from February 3

Fee: \$164 9 x 2 hour sessions

11+ Year Olds

Tuesday 5.00pm from February 7

Fee: \$146 8 x 2 hour sessions

GYMNASTICS FOR BOYS

Beginners- Level 1 - minimum age 6

Monday 4.00pm from February 6

Fee: \$85 7 x 1 hour sessions

Wednesday 4.00pm from February 8

Fee: \$98 8 x 1 hour sessions

Thursday 4.00pm from February 2

Fee: \$109 9 x 1 hour sessions

PAINTING AND DRAWING

Learn the basic principles of drawing and painting whilst enjoying great topics in a fun atmosphere. Materials list will be handed out first class.

7-12 Years

Tuesday 4.00pm from February 7

Friday 4.00pm from February 10

Fee: \$92 8 x 1½ hour sessions

Tutors: Tara and Sandra

ART2HEART - Creative Intuitive Painting

This course is designed to introduce children to the wonderful activity of painting as a process of exploration. When coming from a place of pure play, children create from the centre of their being with freedom and spontaneity. Children learn to inhabit their feelings, to authentically manifest who they really are and explore their world.

5-12 Year Olds

Thursday 4.00pm from February 9

Friday 4.00pm from February 10

Fee: \$128 8 x 1 hour sessions

Enquiries and Bookings: Angela Mellas 0421 283 586

CRAFT FOR KIDS

Are you ready to glue, model, stitch, wrap & paint? Come and learn all there is to know about the joy of crafting. All materials supplied.

7-12 Years

Monday 4.00pm from February 6

Fee: \$112 7 x 1½ hour sessions

POTTERY

A fun hands on introduction to clay and pottery making techniques. This course includes clay modeling, hand-building, wheel work, decorating and glazing. With a comprehensive range of clays, glazes, underglazes and firings to earthenware temperatures, ensure an exciting and practical experience for all.

7-12 Year Olds

Monday 4.00pm from February 6

Fee: \$97 7 x 1½ hour sessions

Wednesday 4.00pm from February 8

Fee: \$111 8 x 1½ hour sessions

Thursday 4.00pm from February 2

Fee: \$125 9 x 1½ hour sessions

DRAMA TIME

An exciting and rewarding drama program to develop self confidence, oral communication skills and of course, creativity. The program uses costumes, props and music to take the children into the delightful and magical world of drama. And of course- DRAMA TIME is great fun!

Thursdays at 4.00pm (Prep - Grade 2)

Fee: \$14.50 per class 8 x 1 hour sessions

Thursdays 5.15 (Grade 3 - 6)

Fee: \$15.50 per class 8 x 1¼ hour sessions

Enquiries & Bookings

Re: 9528 8998 / 0433 614 222 www.dramatime.com.au

ZUMBA FOR KIDS

ZumbAtomic classes are rockin', high energy fitness-parties packed with kid-friendly routines and all the music kids love.

4-7Yr Olds

Tuesday 4.00-4.30pm from February 7

8-12 Yr Olds

Tuesday 4.30-5.00pm from February 7

First Class is Free

Enq Theatre De La DanSe 9592 0890 info@tdld.com.au

GREEK PHRONTISTIRION

Preps—Grade 6

This course introduces kids to their first Greek words, numbers and simple reading and writing skills.

Tuesday 4.00pm from February 8

Tuesday 5.00pm from February 8

8 x 1 hour sessions

Enquiries & Bookings Vassilis 0424 360 427

TEENAGE YOGA

Teenage Yoga offers safe, healthy and fun classic yoga postures.

Simple movements designed for all physical abilities to help improve flexibility and strengthen body and mind. This class will inspire and encourage teenagers who are new to yoga.

12-16 Year Olds

Saturday 10.45 from February 11

Fee: \$72 7 x 1 hour sessions

TEENAGE SEWING

Learn the skills required to make your own clothes. You will receive individual attention with a maximum of 6 students per class. Use your own machine or one of ours.

13-18 Year Olds

Thursday 4.30pm from February 9

Fee: \$115 8 x 1½ hour sessions

TEENAGE PATCHWORK

13-18 Year Olds

You will learn lots of different methods of patchwork and appliqué, using templates and rotary cutting and complete a quilt during the term.

Tuesday 4.30pm from February 7

Fee: \$115 8 x 1½ hour sessions

Adult Education & Interests...

DRAWING AND SKETCHING

If you have not drawn or sketched before and have always wanted to, then join Gail's drawing class. You will develop increased confidence in all aspects of drawing. Gail also provides tuition for more experienced students - life drawing classes are included. Please ask for materials list on enrolling and bring an A2 sketch book and 3B pencil to the first class.

Monday 1.00pm from February 6

Fee: \$110 7 x 2 hour sessions

OIL PAINTING

This course welcomes students of varying levels of experience who all work under the instructor's tuition. Beginners will learn basic techniques of color mixing, texture, tone and perspective incorporated in different topics. A materials list will be supplied but please bring along a medium sized sketch book and 4B pencil to the first class.

Tuesday 12.45pm from February 7

Fee: \$140 8 x 2½ hour sessions

WATERCOLOUR PAINTING

A class for students with some experience who wish to learn the basic techniques of watercolour painting. A materials list will be supplied but please bring along a medium sized drawing pad and 4B pencil to the first class. Life drawing class included.

Wednesday 12.30pm from February 8

Fee: \$134 8 x 2½ hour sessions

POTTERY

This course offers hand building and pottery wheel throwing skills and techniques for pottery making. Clay modeling, sculpture, decorating and glazing skills are also covered. With a comprehensive range of clays and glazes available, tools and equipment provided, all work is fired to earthenware temperatures which ensures that exciting projects can be accomplished.

Monday 1.00 and 6.30pm from February 6

Fee: \$134 7 x 2 hour sessions

Tuesday 12.30pm from February 7

Fee: \$166 8 x 2½ hour sessions

Wed 1.00 and 6.30pm from February 8

Fee: \$154 8 x 2 hour sessions

Thursday 6.30pm from February 2

Fee: \$172 9 x 2 hour sessions

BRIDGE CLUB

New players are always welcome! Please consider supervised play if you are not quite up to standard.

Mon 7.45pm, Wed 12.45pm and Fri 12.00pm

Fee: Annual Membership \$15

Attendance: \$8 Members, \$10 Non Members

Director - Jan Clyne

BRIDGE LESSONS

This course is designed to suit the individual, whether you have little or no knowledge of Bridge, or simply wish to increase your confidence and understanding.

Tuesday 7.30pm from February 7

Fee: \$60 3 x 2 hour sessions

Thursday 11.00am from February 9

Fee: \$99 (includes lesson book and two FREE supervised classes)
8 x 2 hour sessions

SUPERVISED BRIDGE PLAY

For those who have some knowledge of Bridge but would like to increase confidence and understanding.

Thursday 1.00pm from February 2

Fee: \$12 per 2 hour session

STEPPING STONES FOR USING A COMPUTER

FOR SENIORS AND OVER 50'S

Step 1. Introducing computers

We introduce computers, the basic parts, the terminology, what computers are being used for, and the benefits seniors and over 50's can get from using computers.

Thursday 10.00 - 11.30am February 16

Fee: \$10.00 per person

Step 2. Introducing the Internet

We introduce the internet, demonstrate the basic steps for browsing for information, visit some commonly used websites and show you how to use them.

Thursday 10.00 - 11.30am February 23

Fee: \$10.00 per person

Step 3. Introducing Emails

We demonstrate the basic steps for sending and receiving Emails - and you see just how easy it really is!

Thursday 10.00 - 11.30am March 1

Fee: \$10.00 per person

Step 4. How to buy and Learn

We provide insight into what to look for when purchasing a computer and what learning methods seniors and over 50's can tap into in their area in order to continue learning

Thursday 10.00 - 11.30am March 8

Fee: \$10.00 per person

Getting Started with iPad

In this workshop you will learn how to navigate your iPad, purchase Apps (applications), create folders for your Apps, manage your music, watch videos, synchronise your iPad's music and videos with your computer, and more!

Thursday 10.00am - 12.00noon March 15

Fee: \$30.00 per person

Enquiries and Bookings: Joanne Lambie 9596 4547 or email:

Joanne@stayintouch.net.au

www.stayintouch.net.au

SEWING

Learn the skills required to make your own clothes. Individual attention with only 6 students per class. Bring along your own machine or use one of ours. Please bring along a pen, paper, tape measure, small scissors, paper pattern, fabric, needle and thread on the first night.

Wednesday 6.45pm from February 8

Thursday 6.45pm from February 9

Fee: \$155 8 x 2½ hour sessions

PATCHWORK

You will learn lots of different methods of patchwork and appliqué, using templates and rotary cutting and complete a quilt during the term. You will develop the skills to draw your own designs or adapt commercial quilt patterns.

Tuesday 7.00pm from February 7

Fee: \$155 8 x 2½ hour sessions

MOSAICS

Enjoy creating your own personally designed mosaic house number or wall plaque. Learn the basic techniques of mosaic tiling. Develop skills in design, tile cutting, shaping and laying and produce your own colourful mosaic. All tools and basic materials provided. Advanced projects such as decorated pots and bird bowls are also available.

Tuesday 6.30pm from February 7

Fee: \$170 8 x 2 hour sessions

Healthy Living for Adults...

YOGA

Hatha Yoga classes are a blend of ancient and modern systems of personal development. Awareness is enhanced on many levels through both passive and dynamic movement routines, postures, awareness of breath and relaxation. Individual supervision and posture modification ensure classes are suitable for all ages and levels of fitness. Please bring a blanket to class.

Monday 9.15 and 10.30am (Beg/Int) from February 6
fee: \$92 7 x 1¼ hour sessions

Tuesday 6.30pm (Beg/Int) from February 7
Fee: \$97 8 x 1 hour sessions

Tuesday 7.30pm (Experienced) from February 7
Fee: \$118 8 x 1½ hour sessions

Wednesday 6.00 and 7.00pm (Beg/Int) from February 8
Fee: \$97 8 x 1 hour sessions

Thursday 9.30am (Beg/Int) from February 2
Fee: \$109 9 x 1 hour sessions

Saturday 9.00am (Beg/Int) from February 4
Fee: \$118 8 x 1½ hour sessions

Tutors: Norma Smith, Jan Tepper, Lucy Cormack

MEDITATION FOR HEALING

Guided meditation is one of the many tools available for teaching people how to let go of tension, anger, fear, anxiety and other stress producing emotions that cause illness. Imagery can help boost the body's immune system, increasing the production of chemicals that encourage healing and generally relax and promote the peace and love an individual needs to aid in the healing process. This course will give participants the tools to assist in recovery. Please bring a blanket to class.

Monday 7.30pm from February 6
Fee: \$85 7 x 1 hour sessions

Tutor Norma Smith

CLINICAL PILATES

Increase your core stability with this floor Pilates class. Improve your flexibility, body control, sporting performance and ability to do daily tasks with ease. A Physiotherapist will assess you and devise an exercise program for you considering current and past physical problems. Initial Physiotherapy screening required (Physiotherapy consultation fee applies).

Monday 6.25pm from February 6 (beginner)
Fee: \$133 7 x 1 hour sessions (single class \$23.00)

Wed 6.30pm (beg) from February 8
Fee: \$152 8 x 1 hour sessions (single class \$23.00)

Thur 1.00pm (beg) and 2.00pm (adv) from February 2
Fee: \$171 9x 1 hour sessions (single class \$23.00)

Fees are rebateable - Private Health Ins. Extras cover.
Enq: Bronwyn McIlveen 9578 8657

www.eastbrightonphysio.com.au

BEYOND STRESS

A Powerful Stress/ Anxiety Management Program

Stress is in epidemic proportions in our society, people are walking around like pressure cookers ready to explode. Learn simple and powerful tools to balance your stress levels anytime, anywhere! Learn the symptoms of stress and the affects on your body. Discover the power of breathing, mind balancing techniques, and meditation. Learn how and when to use these techniques accurately.

Wednesday 7.15pm from February 15
Fee: \$250 5 x 1.5 hours

Enquiries & Bookings Christine Heart Savage 0411 301 010

STRENGTH FOR LIFE

A low paced exercise class using small hand weights and leg cuffs based on a scientifically proven weight training program as described in Miriam Nelson's book STRONG WOMEN STAY YOUNG. The classes will teach you to become stronger by altering your fat muscle balance and stimulating your bones to retain calcium. In addition your flexibility, posture and energy levels will be noticeably improved. *Fees rebateable through Private Health Insurance Extra's Cover.*

Beginners

Monday 2.15pm from February 6
Fee: \$59 7 x 1 hour sessions

Fri 9.30am from February 10
Fee: \$67 8 x 1 hour sessions

Intermediate / Advanced

Monday 1.10pm from February 6
Fee: \$59 7 x 1 hour sessions

Friday 10.45am from February 10
Fee: \$67 8 x 1 hour sessions

EXERCISE ON A BALL

Get fit and stable your core for muscular condition. Learn to exercise the deeper layers of your abdominal and spinal muscles in an easy paced class that combines mobility, flexibility, postural toning and balance. You will sit, stand and walk taller with an improved sense of well being.

Beginner

Thursday 5.15pm from February 9

Advanced

Thursday 3.45pm from February 9
Fee: \$108 8 x 1¼ hour sessions

AWARENESS THROUGH MOVEMENT

The Feldenkrais Method

"Improve function of the body and you must improve your state of mind". Learn to feel more comfortable and confident in your body, increase your range and ease of movement, experience a sense of release and relaxation, lessons are gentle, practical and enjoyable. Open to all ages.

Wednesday 5.15pm from February 8
Fee: \$80 (Pensioners \$60) 4 x 1 hour sessions

Wednesday 5.15pm from March 7
Fee: \$80 (Pensioners \$60) 4 x 1 hour sessions

Enquiries & Bookings Lisa Campbell 0409 598 000

FITNESS FOR OVER 40'S

Increase fitness, flexibility, your circulation and heart-lung function with this program of light aerobic exercise. Whether you are forty or sixty you are welcome to join in!

Thursday 9.30am from February 2

Monday 10.40am from February 6
Fee: \$8 per session

ZUMBA

An exhilarating, easy to follow, Latin inspired dance fitness party!

All Zumba classes are conducted by a Zumba licensed instructor.

Mon and Fri 9.30am from February 6

Fee: \$13 casual or by the term for a reduced rate

Enq: Theatre de la DanSe 9592 0890
info@tdld.com.au

Fitness & Sport...

GOLF FOR BEGINNERS

An introduction to Golf for beginners or regulars who need to brush up on the fundamentals of grip, set up and swing. Expert tuition from PGA professionals. Includes equipment if required.

Wednesday 2.00pm from Feb 1

Saturday 9.00am from Feb 4

Sunday 10.00am from Feb 5

Fee: \$110 4 x 1 hour sessions

BADMINTON

Court Hire 7.20-8.20 and 8.20-9.20pm Tuesdays
7.00-8.00 and 8.00-9.00pm Thursdays

Fee: \$16 per court per hour. *Racquet hire available*

BASKETBALL—Women's

Monday from 6.45pm

New teams and individuals always welcome!

SQUASH

Court Hire 9.00am-5.00pm - \$12 per hour
5.00pm-10.00pm - \$16 per hour

Racquet hire available and \$10 per hour on weekends

TENNIS LESSONS

With Josephine O'Gorman's Tennis Academy at Hurlingham Park Tennis Club, Francis St East Brighton.

LADIES GROUP LESSONS

Mon, Tues, Wed, Thurs and Fri from 9.00am

3 persons per group

MENS & LADIES GROUP LESSONS

Tues and Thurs evenings from 7.00pm

3 persons per group

FREE Trial Lesson

Fee: \$25 per class

4-5 YEAR OLDS

Mon, Tues, and Fri from 9.00am

PRIVATE LESSONS by appointment

All classes commence from February 6

To book contact the centre on 9592 3033

TENNIS CARDIO

Aerobics on a tennis court. This high intensity specifically designed program is all about your fitness not how you hit! You will get your best "work out" possible, with the most enjoyment that could be gained on a tennis court. First session FREE.

Tuesday 9.10am

Wednesday 6.00am, 7.00am and 9.30am

Friday 7.00am & 9.15am

Venue: St Andrews Tennis Club

Shower Facilities Available

Fee: \$25 per session -

Contact the Centre on 9592 3033

CROQUET

Learn to play this fascinating game playing outdoors on large lawns. For young and old, male and female. Equipment provided. Qualified experienced, coaches. Flat soled shoes required.

Tuesday 10.00am from Feb. 14

Fee: \$70 5 x 1½ hour sessions

To Book: Contact the Centre on 9592 3033

Venue: Brighton Croquet Club, 6 Bleazby Ave Brighton

TAI CHI

If you are stressed, have low energy or lack enthusiasm for life, Open your Mind, Open your Heart, Open your Body, Open your Self, Relax and Smile. You will be surprised by the benefits of a lively, well balanced healthy body and spirit.

You are Wong's Tai Chi

Terms run for 15 weeks. Commencing Feb, May & Sept.

Thursday 7.30pm

Enquiries: Li Wong: 9891 3628/ 0413 008 028

www.masterliwong.com

Languages...

FRENCH

Beginners

This class is designed for people who have completed the beginners course during term 3 or who have some knowledge of French

Tuesday 2.00pm from February 7

Fee: \$120 8 x 1 hour sessions

Elementary

This class is designed for those, who have completed beginners course or who can converse on a basic level in French

Tuesday 1.00pm from February 7

Fee: \$120 8 x 1 hour sessions

Intermediate

This class is suitable for adults who are able to converse in the present, past and future tense.

Tuesday 9.30am from February 7

Fee: \$150 8 x 1¼ hour sessions

Advanced

This class is suitable for adults who are able to converse in the present, past and future tense.

Tuesday 11.00am from February 7

Fee: \$175 8 x 1½ hour sessions

GERMAN

Beginners

This class is designed for people who have little or no knowledge of German

Wednesday 1.00 from February 8

Fee: \$120 8 x 1 hour sessions

Intermediate

This class is designed for people who are able to converse in the present past and future tense.

Wednesday 2.15 from February 8

Fee: \$120 8 x 1 hour sessions

ITALIAN

Beginners

This class is designed for people who have completed the Beginners course during term three or who have very basic knowledge of Italian.

Thursday 6.15pm from February 9

Fee: \$120 8 x 1 hour sessions

Elementary

This class is suitable for adults who have completed Beginners or who can converse on a basic level in Italian

Thursday 7.30pm from February 9

Fee: \$120 8 x 1 hour sessions

Bookings and Enquiries:

Sigrid (Language Matters) 0409 519 481

Email- Sigrid@language-matters.com.au

Website- www.language-matters.com.au

TAEKWONDO / SELF DEFENCE

Grandmaster Joon No, an 8th Dan Black Belt, is highly respected and has been successfully teaching Taekwondo since 1972. Taekwondo places very strong emphasis on good mental attitude, character development and improvement of self confidence. Taekwondo serves as a strong foundation for many other activities and sports with benefits including concentration, coordination, physical fitness, flexibility and self defense. These classes are specially designed for children and adults of all ages.

Monday	Junior / Beginner	5.00pm - 6.30pm
	Junior / Advanced	6.30pm - 7.45pm
	Senior	7.45pm - 9.00pm
Wednesday	Mixed Grade	6.30pm - 8.00pm
Saturday	Junior / Beginner	1.00pm - 2.30pm
	Advanced	2.30pm - 4.00pm

Head Instructor: Master Joon No

Enquiries & Bookings Ph: 9850 3771 / 0417 317 970

Other Activities...

Birthday Parties

Gymnastics Parties

Brighton Recreational Centre offer Gymnastics Birthday Parties on Sundays from 10-12pm or 12-2pm for both boys and girls aged 6-12 years. The party includes artistic gymnastics (bars, beam, floor and rings), fun activities and lots of variety! The minimum number is 10 and the maximum is 24.

Do It Yourself at the Rec!

Hire one of our rooms at the Centre and run your own party or hire an entertainer to help you out.

For **Sportzbuzz Party** details, contact Nicole on 0407 006 885.

Contact the Centre for an Information Sheet.

Bookings are essential

PRE SCHOOL HOLIDAY PROGRAM

Wonderful program for Preschoolers aged 3-5 years held at Hurlingham Park Kindergarten, East Brighton.

Monday - Friday

9.00am-1.00pm

Cost: \$28 per day

Contact the Centre for more information

SCHOOL AGE HOLIDAY PROGRAM

Fantastic program for Primary School age 5 to 12 year olds run at the Centre and includes Excursion Days.

Monday - Friday

Daily Fee: \$36

Excursion/Incurtion Days: \$49

Contact the Centre for program information

See Website for booking details

BECOMING A MOTHER

If you really want to know what you can expect in those first few weeks at home with your new baby, enroll now into

motherlifeworks latest course: **The first 8 weeks**

You do need a manual to prepare for Motherhood and this is it! Informative empowering and fun. Throw your baby books away and come along and learn first hand. This course will help you begin to develop the tools you need to be the best prepared for your new life as a mother

Tuesday 7.00pm from February 7

Fee: \$180 4 x 1½ hour sessions

Enquiries and Bookings: Motherlifework 0407 366 496

WORKSHOP

CREATE PURE SILVER JEWELRY

Each person will make up to four pieces of pure silver jewelry from silver clay in this 4 hour workshop. You can create pendants for necklaces, bracelets, earrings, bookmarks, wine charms, mobile phone dangles, luggage tags, back pack zip-pulls, key chains and more! All materials provided.

Sunday 10.00am - 2.00pm on 18th March

Fee: \$140 Numbers limited

Enquiries and Bookings: Jeanine 0410 410 416

Important Information...

OPERATING HOURS

Monday - Thursday	9.00am - 10.00pm
Friday	9.00am - 7.00pm
Saturday	9.00am - 4.30pm
Sunday	9.00am - 4.30pm

ENROLMENTS

Enrolments can be made in person at the Centre or over the telephone using credit card facilities.

RE ENROLMENT WEEK

Saturday 17 March - Saturday 24 March

Re enrolment week is the second last week of each term. To secure your place in the same class on the same day and time, you should re enroll during this week.

GENERAL ENROLMENTS

Monday 26 March

General Enrolments is when you can enroll into a new class or change classes. It opens on the last Monday of each term with Occasional Care from 8.30am and Term Programs from 9.00am.

PAYMENT: Payment must be made at the time of enrolment.

AN ACCOUNT: In the event of an account being rendered, a \$2.50 administration fee will be charged.

CONCESSIONS BENEFIT REBATES: Some weekly daytime (before 5.00pm) Centre based adult activities carry a 15% reduction for pensioners and unemployed on the production of a health care card.

CANCELLATION: Should a class be cancelled due to lack of enrolments or other reasons, fees are refunded in full and enrollees informed by telephone.

REFUNDS: People wishing to withdraw from a course must do so prior to commencement of the course. An administration fee of \$8.50 will be charged, otherwise refunds do not apply.

PLEASE DO NOT leave your child unattended in the Centre until they have been seen by the program instructor.

ALL CHILDREN must be picked up directly from their class / Tutor. All prices include GST where applicable.

Bayside Cluster of Community Centers

The Brighton Recreational Centre is a member of the Bayside Cluster of Community Centers. If the course you are looking for is not run or not available at BRC, you may find it at one of the other Centers.

Sandybeach Centre - 2 Sims Street Sandringham

www.sandybeach.org.au **95982155**

Hampton Community Centre - 14 Willis Street Hampton

www.hamptoncommunitycentre.com.au **95982977**

Castlefield Community Centre - 505 Bluff Road Hampton

9598 0662

Highbett Neighbourhood House- Livingston Street Highbett

9555 3797