

Brighton Recreational Centre

Term 1

February - March

Pre School & School Age Activities • Healthy Living • Crafts & Hobbies • Languages
Gymnastics • Birthday Parties • Fitness & Sport • Holiday Programs • Childcare



93 Outer Crescent, Brighton 3186
Tel: 9592 3033
Email: enquiries@brightonrec.com.au
www.brightonrec.com.au



Pre School Activities...

MUSIC TREASURES

A new and exciting preschool music program where children are introduced to the world of music through singing, rhythm and listening activities in a group environment.

1 - 2 Year Olds

Tuesday 9.15am from February 2

Wednesday 9.15am from February 3

Fee: \$75 8 x ½ hour sessions

2 - 3 Year Olds

Tuesday 9.45am from February 2

Wednesday 9.45 from February 3

Fee: \$92 8 x ¾ hour sessions

2 ½ - 3 ½ Year Olds

Tuesday 10.30am from February 2

Wednesday 10.30am from February 3

Fee: \$92 8 x ¾ hour sessions

Tutor: Inna Serota

OCCASIONAL CARE

Brighton Recreational Centre offers childcare for babies and preschoolers from 0-5 years, with a maximum of three hours per day and 10 hours per week. This service enables parents to take-a-break from their child care responsibilities. Bookings are essential.

Monday, Tuesday and Thursday 9.00am - 12.00noon

Wednesday & Friday 9.00am - 3.00pm from February 1

Fee: \$8.00 per child per hour (\$6.00 conc.)

Coordinator: Trudy Cinque

3 YEAR OLD KINDA

This program offers a diverse range of activities which are both stimulating and fun for the creative, adventurous 3 year old. Bookings are essential. *Annual Enrolment with payment on term basis.*

Monday 12.30pm from February 1

Fee: \$140 7 x 2½ hour sessions

Tuesday 12.30pm from February 2

Thursday 12.30pm from February 4

Fee: \$160 8 x 2½ hour sessions

Coordinator: Trudy Cinque

SELF ESTEEM & RESILIENCE

The *Circle of Friends* is an innovative 8 week program which focuses on building self esteem and resilience in children.

Facilitated by a qualified early childhood professional, the program is aimed at children 3-6 years of age.

Enquiries and Bookings: Anne 0417 126 204

MESSY MORNINGS

At Messy Mornings, children will have the opportunity to experience a wide variety of painting and art and craft activities, including finger painting, play dough and pasting. For children aged two and above with parent's participation. Please bring a smock.

Thursday 9.30 and 10.30am from February 4

Fee: \$77 8 x ¾ hour sessions

Sunday 9.30am from February 7

Fee: \$58 6 x ¾ hour sessions

KINDERGYM

These classes are aimed at developing a child's balance, coordination, fine and gross motor skills through fun activities involving movement to music and games, using soft shapes and gymnastic equipment, all with parent participation. Please note that no siblings will be allowed to participate in these classes.

*All children are registered with the peak body **Gymnastics Victoria** and these annual fees are in addition to class fees.*

1 - 2 Year Olds

Friday 9.30 and 10.15am from February 5

Fee: \$63 8 x ½ hour sessions

2 - 3 Year Olds

Monday 12.30pm from February 1

Fee: \$74 7 x ¾ hour sessions

Tuesday 9.30 and 10.30am from February 2

Thursday 11.15am from February 4

Friday 11.15am from February 5

Fee: \$84 8 x ¾ hour sessions

Saturday 9.00am from February 6

Fee: \$74 7 x ¾ hour sessions

3 - 4 Year Olds

Tuesday 11.30am from February 2

Wednesday 10.15am from February 3

Friday 12.15pm from February 5

Fee: \$84 8 x ¾ hour sessions

Saturday 10.00am from February 6

Fee: \$74 7 x ¾ hour sessions

TUMBLEBEARS KIDS CLUB

The Tumblebears Kids Club has been designed to provide children aged 4 and 5 with the opportunity to participate in Junior Gymnastics as well as a specially designed art and craft session. This is a fun filled structured program incorporating many activities to help develop each child's social, emotional and physical well being. *All children are registered with the peak body **Gymnastics Victoria** and these annual fees are in addition to class fees.*

Tuesday 12.30pm from February 2

Wednesday 12.30pm from February 3

Fee: \$150 8 x 2½ hour sessions

Instructors: Gail and Ruth

COMPUTERS IN MOTION

Give your child a head start in life through our interactive early learning computer lessons which are specifically designed for 3-5 year olds. Every week the children will enjoy various age appropriate computer games.

These programs are designed to develop their mouse skills and computer awareness and enhance their motor skills, peer group confidence, memory, creativity, numeracy and literacy.

Wednesday 1.45pm from February 10

Fee: \$91 7x ½ hour sessions

Enq & Bookings:

Krissie 0439 953 312

or www.computersinmotion.com.au

**FREE TRIAL
WEDNESDAY,
Feb 3 2009
at 1.45pm
Bookings
Essential!!**

Pre School Activities...

SPORTZBUZZ

We motivate kids to be active, healthy, fit and focused. We give 2-6 year olds the opportunity to enjoy exercise and be exposed to our wide range of sports. With our fun educational approach to sport, small, busy buzzing classes, innovative equipment and experienced instructors, your kids are guaranteed to have a ball. **First lesson FREE, give it a go!**

2-2 ½ Year Olds—30 minute classes

Monday 9.15am from February 1

Tuesday 9.30am & 10.30am from February 2

Thursday 9.15am & 10.30am from February 4

Friday 9.45am from February 5

2 -3 Year Olds—30 minute classes

Monday 10.30am from February 1

Tuesday 10.00am & 11.00am from February 2

Thursday 10.00am & 11.00am from February 4

Friday 9.15am & 10.15am from February 5

3-4 Year Olds - 45 minute classes

Monday 9.45am from February 1

Tuesday 10.00am from February 2

Thursday 10.00am from February 4

Friday 10.00am & 10.45am from February 5

4-5 Year Olds - 45 minute classes

Tuesday 9.15am from February 2

Thursday 9.15am from February 4

Friday 10.45am from February 5

3, 4 and 5 Year Olds - 45 minute classes

Tuesday 10.45am from February 2

Thursday 10.45am from February 4

Friday 9.15am from February 5

Fee: \$15.00 + GST per session,

payable on a term basis.

Enquiries and Bookings

Nicole 0407 006 885 / 0412 020 552

Email: musk@optusnet.com.au

LEARNINGLAND

Featuring Letterland Programs that make learning fun!

Learningland specialises in FUN programs that assist literacy, numeracy and speech for children from 2.5-6 years. Children sing, dance, craft, write and play their way to developing excellent foundation literacy skills and confidence for school. **NOW** includes **FREE** Home Learning Series and **NEW** 2 hour Reading Rockets program. Est 8 yrs. Sibling discounts apply.

Parent and Child 2½-3½ Year Olds

Thursday 10.30am from February 4

Fee: \$148 8 x ¾ hour sessions (incl materials)

Letters and Numbers 3-4 Year Olds

Monday 9.15am from February 1

Wednesday 10.45am from February 3

Thursday 11.30am from February 4

Friday 11.15 from February 5

Fee: \$172 8 x 1 hour sessions (incl materials)

Ready to Read 4-6 Year Olds

Wednesday 9.30am from February 3

Thursday 9.15am from February 4

Fee: \$172 8 x 1 hour sessions (incl materials)

Reading Rockets 4-6 Year Olds

Monday 10.30am from February 1

Friday 12.30pm from February 5

Fee: \$316 8 x 2 hour sessions (incl materials)

Enquiries and Bookings: 1300 139 859 or

www.learningland.com.au

CONCEPT KIDS - have fun with science

Concept Kids is a unique program of science based sessions for inquisitive preschoolers. Children learn about the natural and physical world through exciting hands on activities and games. Topics include air, water, light, colour, the earth and space, living things, motion and magnets plus lots more! Class size is small with a maximum of 10 and the program is led by a fully qualified and registered teacher.

4-5 Year Olds

Wednesday 1.30pm from February 10

Thursday 9.15am from February 11

Thursday 1.30pm from February 11

Friday 9.15am from February 12

Fee: \$175 7 x 1½ hour sessions

Enquiries and Bookings:

Bronwen 0431 663 917 www.conceptkids.com.au

JUNIOR GYM

Junior Gym classes are for 4 and 5 year old boys and girls. This is an introduction to general gymnastics with an emphasis on movement for fun and enjoyment. *All children are registered with the peak body **Gymnastics Victoria** and these annual fees are in addition to class fees.*

4 - 5 Year Olds (Pre-schoolers)

Monday 1.30pm from February 1

Fee: \$78 7 x 1 hour sessions

Tuesday 4.00pm from February 2

Wednesday 11.15am from February 3

Thursday 12.15pm and 1.30pm from February 4

Fee: \$90 8 x 1 hour sessions

Saturday 11.00am and 12.00noon from February 6

Fee: \$78 7 x 1 hour sessions

ACTING ANTICS—Musical Drama

(see page 4 for information)

4 - 5 Year Olds (Pre-schoolers)

Wednesday 3.30pm from February 3 (Boys)

Thursday 3.30pm from February 4 (Girls)

Enquiries & Bookings 9525 5795 www.actingantics.com



- R.A.D. Classical Ballet
 - Tyny tots Fairy Magic Ballet
 - Contemporary
 - DanSrobics
 - Bopping Tots
 - Adult Ballet
 - Songstars
 - VCE Dance
 - Tap
 - Birthday Parties
 - JazzFunk
- From 2½ years to adults

Principal: Rachael Shiels

R.A.D. Teach Cert, R.A.D. Reg. Teacher, R.A.D. Mentor
C.B.T.S, B.A. (Dance), B. Teach, V.C.E. Registered Provider

Brighton Studio Tel: 9592 0890

Web: www.tdld.com.au

School Age Activities...

GYMNASTICS

Our Gymnastics program aims to provide children with skills through a variety of apparatus in a fun relaxed atmosphere, leading onto competition level if so desired. *All children are registered with the peak body Gymnastics Victoria and these annual fees are in addition to class fees.*

GIRLS ARTISTIC GYMNASTICS

Beginners- Level 1 - minimum age 6

Monday 4.00pm from February 1

Fee: \$81 7 x 1 hour sessions

Tuesday 5.00pm from February 2

Wednesday 4.00pm from February 3

Thursday 4.00pm from February 4

Friday 4.00pm from February 5

Fee: \$92 8 x 1 hour sessions

Saturday 1.15pm from February 6

Fee: \$95 7 x 1¼ hour sessions

GIRLS ARTISTIC EXTENSIONS

7 - 9 Year Olds

Monday 5.00pm from February 1

Fee: \$106 7 x 1½ hour sessions

Thursday 5.00pm from February 4

Fee: \$122 8 x 1½ hour sessions

Saturday 2.30pm from February 6

Fee: \$120 7 x 2 hour sessions

9+ Year Olds

Wednesday 5.00pm from February 3

Friday 5.00pm from February 5

Fee: \$138 8 x 2 hour sessions

11+ Year Olds

Tuesday 5.00pm from February 2

Fee: \$138 8 x 2 hour sessions

GYMNASTICS FOR BOYS

Beginners- Level 1- minimum age 6

Monday 4.00pm from February 1

Fee: \$81 7 x 1 hour sessions

Wednesday 4.00pm from February 3

Thursday 4.00pm from February 4

Fee: \$92 8 x 1 hour sessions

LEAP INTO LEARNING

Four diverse literacy and numeracy programs They support encourage and enrich Prep and Grade 1 children to achieve their personal best, and develop classroom confidence. The programs are presented in a small classroom environment and taught by two highly qualified and experienced primary school teachers.

Saturday 9.00am Lets do Literacy (literacy support)

Saturday 10.00am Countdown (numeracy support)

Saturday 11.00am Books Alive (literacy enrichment)

Saturday 12.00pm Number Crunch (numeracy enrichment)

Commencing February 6 - 8 x 45min sessions

Fee: \$30 (+GST) per session payable per term

Enquiries and Bookings: www.leapintolearning.com.au

Jodie 0431 179 533 or Naomi 0416 105 517

PAINTING AND DRAWING

Learn the basic principles of drawing and painting whilst enjoying great topics in a fun atmosphere. Materials list will be handed out first class.

7-12 Years

Tuesday 4.00pm from February 2

Friday 4.00pm from February 5

Fee: \$86 8 x 1½ hour sessions

CREATING CARTOONS

Learn to draw cartoons from basic body design and facial expressions, to advanced Manga and perspective. Draw the Simpsons, Star Wars, Futurama and many other favorites. Materials list provided at first class.

7-9 Year Olds

Thursday 4.00pm from February 11

10-12 Year Olds

Thursday 5.15pm from February 11

Fee: \$74 8 x 1 hour sessions

POTTERY

A fun hands on introduction to clay and pottery making techniques. This course includes clay modeling, hand-building, wheel work, decorating and glazing. With a comprehensive range of clays, glazes, underglazes and firings to earthenware temperatures, ensure an exciting and practical experience for all.

7-12 Year Olds

Monday 4.00pm from February 1

Fee: \$95 7 x 1½ hour sessions

Wednesday 4.00pm from February 3

Thursday 4.00pm from February 4

Fee: \$108 8 x 1½ hour sessions

ART2HEART - Creative Intuitive Painting

This course is designed to introduce children to the wonderful activity of painting as a process of exploration. When coming from a place of pure play, children create from the centre of their being with freedom and spontaneity.

5-12 Year Olds

Thursday 4.15pm from February 4

Friday 4.00pm from February 5

Fee: \$128 8 x 1 hour sessions

Enquiries and Bookings: Angela Mellas 0421 283 586

ACTING ANTICS

Drama and Musical Theatre classes providing a fun nurturing environment where students explore and extend their creative and dramatic potential while learning to think and speak in clear expressive English.

Performance Drama

Wed 4.15pm from Feb 10 (6-8yrs)

Wed 5.15pm from Feb 10 (9-11yrs)

Musical Theatre

Thur 4.15pm from Feb 11 (6-8yrs)

Thur 5.45pm from Feb 11 (9-11yrs)

Enq & Bookings 9525 5795 www.actingantics.com

TEENAGE YOGA

Teenage Yoga offers safe, healthy and fun classic yoga postures. Simple movements designed for all physical abilities to help improve flexibility and strengthen body and mind. This class will inspire and encourage teenagers who are new to yoga.

12-16 Year Olds

Saturday 10.00 and 11.00am from February 6

Fee: \$68 7 x 1 hour sessions

TEENAGE SEWING

Learn the skills required to make your own clothes. You will receive individual attention with a maximum of 6 students per class. You can bring along your own machine or use one of ours.

13-18 Year Olds

Tuesday 4.30pm from February 9

Wednesday 4.30pm from February 10

Fee: \$92 7 x 1½ hour sessions

Adult Education & Interests...

DRAWING AND SKETCHING

If you have not drawn or sketched before and have always wanted to, then join Gail's drawing class. You will develop increased confidence in all aspects of drawing. Gail also provides tuition for more experienced students - life drawing classes are included. Please ask for materials list on enrolling and bring an A2 sketch book and 3B pencil to the first class.

Monday 1.00pm from February 1

Fee: \$108 7 x 2 hour sessions

OIL PAINTING

This course welcomes students of varying levels of experience who all work under the instructor's tuition. Beginners will learn basic techniques of color mixing, texture, tone and perspective incorporated in different topics. A materials list will be supplied but please bring along a medium sized sketch book and 4B pencil to the first class.

Tuesday 12.45pm from February 2

Fee: \$136 8 x 2½ hour sessions

WATERCOLOUR PAINTING

A class for students with some experience who wish to learn the basic techniques of watercolour painting. A materials list will be supplied but please bring along a medium sized drawing pad and 4B pencil to the first class. Life drawing class included.

Wednesday 12.30pm from February 3

Fee: \$131 8 x 2½ hour sessions

SEWING

Learn the skills required to make your own clothes. Individual attention with only 6 students per class. Bring along your own machine or use one of ours. Please bring along a pen, paper, tape measure, small scissors, paper pattern, fabric, needle and thread on the first night.

Tuesday 7.00pm from February 9

Fee: \$130 7 x 2½ hour sessions

MOSAICS House Number

Enjoy creating your own personally designed mosaic house number or wall plaque. Learn the basic techniques of mosaic tiling. Develop skills in design, tile cutting, shaping and laying and produce your own colourful mosaic. All tools and basic materials provided. Advanced projects such as decorated pots and bird bowls are also available.

Tuesday 6.30pm from February 9

Fee: \$149 7 x 2 hour sessions

FOLK ART

A decorative art form achieved by learning the brush skills and techniques from the past. By using either pre drawn or free hand designs experienced painters can have fun with this craft to create some wonderful works of art.

Wednesday 7.15pm from February 3

Fee: \$126 8 x 2 hour sessions

Tutor: Carolyn Ballantyne

BEADING AND WIRE-WORK

Learn how to create, string and complete a necklace, creating loops, wrapped loops and links. Learn the basics of wire-working, including shaping and hammering wire, and how to create your own findings (i.e. clasps, jump-rings etc) to use in your projects. Finish with a fabulous wire-worked pendant. All materials included

Thursday 1.00pm from February 11

Fee: \$240 6 x 2 hour sessions

Enquiries & Bookings: Jeanine 0410 410 416

POTTERY

This course offers handbuilding and pottery wheel throwing skills and techniques for pottery making. Clay modeling, sculpture, decorating and glazing skills are also covered. With a comprehensive range of clays and glazes available, tools and equipment provided, all work is fired to earthenware temperatures which ensures that exciting projects can be accomplished.

Monday 1.00 and 6.30pm from February 1

Fee: \$130 7 x 2 hour sessions

Tuesday 12.30pm from February 2

Fee: \$160 8 x 2½ hour sessions

Wednesday 6.30pm from February 3

Thursday 6.30pm from February 4

Fee: \$148 8 x 2 hour sessions

CREATE PURE SILVER JEWELRY

Each person will make up to four pieces of pure silver jewelry in this 5-6 hour workshop. You can create pendants for necklaces, bracelets, earrings, bookmarks, wine charms, mobile phone dangles, luggage tags, back pack zipper pulls, key chains and more! All materials provided.

Sunday 10.00am - 2.00pm on February 21

Fee: \$100 Numbers Limited

Enquiries & Bookings: Jeanine 0410 410 416

ART JOURNAL

A playful approach to create a soul book; record emotions, thoughts or just express your feelings using mixed medium. A way to reconnect with yourself and to colour your world through creative expression. Materials list provided first class.

Wednesday 10.00am from February 10th

Fee: \$115 6 x 1½ hour sessions

Tutor: Sandra Marasco

BRIDGE CLUB

New players are always welcome! Please consider supervised play if you are not quite up to standard.

Mon 7.45pm, Wed 12.45pm and Fri 12.00pm

Fee: Annual Membership \$13

Attendance: \$7 Members, \$10 Non Members

Director - Jan Clyne

BRIDGE LESSONS

This course is designed to suit the individual, whether you have little or no knowledge of Bridge, or simply wish to increase your confidence and understanding.

Tuesday 7.30pm from February 9

Thursday 11.00am from February 11

Fee: \$74 7 x 2 hour sessions

SUPERVISED BRIDGE PLAY

For those who have some knowledge of Bridge but would like to increase confidence and understanding.

Tuesday 7.30pm from February 2

Thursday 1.00pm from February 4

Fee: \$10 per 2 hour session

Healthy Living for Adults...

YOGA

Hatha Yoga classes are a blend of ancient and modern systems of personal development. Awareness is enhanced on many levels through both passive and dynamic movement routines, postures, awareness of breath and relaxation. Individual supervision and posture modification ensure classes are suitable for all ages and levels of fitness. Please bring a blanket to class.

Monday 9.15 and 10.30am (Beg/Int) from February 1

Fee: \$89 7 x 1¼ hour sessions

Tuesday 6.30pm (Beg/Int) from February 2

Fee: \$94 8 x 1 hour sessions

Tuesday 7.30pm (Experienced) from February 2

Fee: \$115 8 x 1½ hour sessions

Wednesday 5.30 and 6.30pm (Beg/Int) from February 3

Thursday 9.30am (Beg/Int) from February 4

Fee: \$94 8 x 1 hour sessions

Saturday 9.00am (Beg/Int) from February 6

Saturday 10.45am (Advanced) from February 6

Fee: \$100 7 x 1½ hour sessions

Sunday 10.00am (Beg) from February 7

Fee: \$82 7 x 1 hour sessions

Tutors: Heather Leonard and Norma Smith

PRENATAL YOGA

Prenatal Yoga classes enhance a feeling of wellbeing during pregnancy. These classes incorporate gentle exercises (Asanas), progressive stretching, awareness of breath and relaxation. Prenatal Yoga can undoubtedly increase a woman's chance of a healthy pregnancy, labour, delivery and speedy return to fitness after birth. Please bring a blanket to class.

Saturday 12.30am from February 6

Fee: \$82 7 x 1 hour sessions

Tutor: Norma Smith

MEDITATION FOR HEALING

Guided meditation is one of the many tools available for teaching people how to let go of tension, anger, fear, anxiety and other stress producing emotions that cause illness. Imagery can help boost the body's immune system, increasing the production of chemicals that encourage healing and generally relax and promote the peace and love an individual needs to aid in the healing process. This course will give participants the tools to assist in recovery. Please bring a blanket to class.

Monday 7.30pm from February 8

Fee: \$70 6 x 1 hour sessions

Tutor Norma Smith

AWARENESS THROUGH MOVEMENT

The Feldenkrais Method

"Improve function of the body and you must improve your state of mind". Learn to feel more comfortable and confident in your body, increase your range and ease of movement, experience a sense of release and relaxation, lessons are gentle, practical and enjoyable. Open to all ages.

Tuesday 9.30am from February 2

Wednesday 6.00pm from February 3

Wednesday 6.00pm from February 4

Fee: \$85 (Pensioners \$60) 5 x 1 hour sessions

Tuesday 9.30am from February 2

Fee: \$68 (Pensioners \$48) 4 x 1 hour sessions

Enquiries & Bookings Marie Laney 9592 5573

CLINICAL PILATES

Increase your core stability with this floor Pilates class. Improve your flexibility, body control, sporting performance and ability to do daily tasks with ease. A Physiotherapist will assess you and devise an exercise program for you considering current and past physical problems. Initial Physiotherapy screening required (Physiotherapy consultation fee applies).

Monday 6.25pm from February 1 (beginner)

Fee: \$123 7 x 1 hour sessions (single class \$21.50)

Thur 1.00pm (beg) and 2.00pm (adv) from February 4

Fee: \$140 8 x 1 hour sessions (single class \$21.50)

Fees are rebateable - Private Health Ins. Extras cover.

Enq: Bronwyn McIlveen 9578 8657 or 0409 402 498

www.eastbrightonphysio.com.au

STRENGTH FOR LIFE

A low paced exercise class using small hand weights and leg cuffs based on a scientifically proven weight training program as described in Miriam Nelson's book STRONG WOMEN STAY YOUNG. The twice weekly exercise classes will train you to become stronger by altering your fat muscle balance and stimulating your bones to retain calcium. In addition your flexibility, posture and energy levels will be noticeably improved. *Fees rebateable through Private Health Insurance Extra's Cover.*

Beginners

Mon 9.30am Wed 9.30am & Fri 9.00am from Feb 1

Fee: \$149 18 x 1 hour sessions (Btn Sen Citz)

Monday at 1.00pm and Fri at 12.30pm from February 1

Fee: \$116 14 x 1 hour sessions

Intermediate

Tuesday at 3.30pm from February 2

Friday at 1.45pm from February 5

Fee: \$66 8 x 1 hour sessions

Advanced

Monday 2.15pm from February 1

Fee: \$78 7 x 1 hour sessions

EXERCISE ON A BALL

Get fit and stable your core for muscular condition. Learn to exercise the deeper layers of your abdominal and spinal muscles in an easy paced class that combines mobility, flexibility, postural toning and balance. You will sit, stand and walk taller with an improved sense of well being.

Beginner

Thursday 5.15pm from February 4

Advanced

Thursday 3.45pm from February 4

Fee: \$108 8 x 1¼ hour sessions

FITNESS FOR OVER 40'S

Increase fitness, flexibility, your circulation and heart-lung function with this program of light aerobic exercise. Whether you are forty or sixty you are welcome to join in!

Monday 10.40am from February 1

Thursday 9.30am from February 4

Fee: \$7 per session

DANSROBICS

Get fit without knowing it, because you are having so much fun. Dansrobics is a fitness program based on dancing instead of repetitive exercise. You can attend once or twice a week.

Mon and Fri 9.30am from February 1

Enq : Theatre de la Danse 9592 0890 info@tdld.com.au

Fitness & Sport...

GOLF FOR BEGINNERS

An introduction to Golf for beginners or regulars who need to brush up on the fundamentals of aim, grip, set up and swing. Expert tuition from PGA professionals. Includes equipment if required.

Wednesday 2.00pm from Feb 3

Saturday 9.00am from Feb 6

Saturday 10.00am from Feb 6

Sunday 10.00am from Feb 7

Fee: \$90 4 x 1 hour sessions

Also offering an evening class (undercover) Phone the Centre for details.

BADMINTON

Court Hire 7.20-8.20 and 8.20-9.20pm Tuesdays

7.00-8.00 and 8.00-9.00pm Thursdays

Fee: \$16 per court per hour. *Racquet hire available*

BASKETBALL—Women's

Monday from 6.45pm

New teams and individuals always welcome!

SQUASH

Court Hire 9.00am-5.00pm - \$12 per hour

5.00pm-10.00pm - \$16 per hour

Racquet hire available and \$8 per hour on weekends

TENNIS LESSONS

With Josephine O'Gorman's Tennis Academy at Hurlingham Park Tennis Club, Francis St East Brighton.

LADIES GROUP LESSONS

Mon, Tues, Wed, Thurs and Fri from 9.00am

3 persons per group

MENS & LADIES GROUP LESSONS

Tues and Thurs evenings from 7.00pm

3 persons per group

FREE Trial Lesson

Fee: \$25 per class

4-5 YEAR OLDS

Mon, Tues, and Fri from 9.00am

PRIVATE LESSONS by appointment

All classes commence from February 1

To book contact the centre on 9592 3033

CROQUET

Learn to play this fascinating game. For young and old, male or female, playing outdoors on small and large lawns. Equipment provided. Qualified Coaches. Flat soled shoes required.

Tuesday 10.00am from February 9

Fee: \$70 5 x 1 hour sessions

To book contact the Centre on 9592 3033

Venue : Brighton Croquet Club

6 Bleazby Avenue, Brighton

TAEKWONDO / SELF DEFENCE

Grandmaster Joon No, an 8th Dan Black Belt, is highly respected and has been successfully teaching Taekwondo since 1972. Taekwondo places very strong emphasis on good mental attitude, character development and improvement of self confidence. Taekwondo serves as a strong foundation for many other activities and sports with benefits including concentration, coordination, physical fitness, flexibility and self defense. These classes are specially designed for children and adults of all ages.

Monday Junior / Beginner 5.00pm - 6.30pm

Junior / Advanced 6.30pm - 7.45pm

Senior 7.45pm - 9.00pm

Wednesday Mixed Grade 6.30pm - 8.00pm

Saturday Junior / Beginner 1.00pm - 2.30pm

Advanced 2.30pm - 4.00pm

Head Instructor: Master Joon No

Enquiries & Bookings Ph: 9850 3771 / 0417 317 970

Languages...

ESL - ENGLISH

This class is designed to improve English skills and explore colloquial expression with an emphasis on pronunciation.

Monday 10.00am from February 1

Fee: \$105 7 x 1 hour sessions



FRENCH

Beginners

This class is designed for people who have little or no previous knowledge of French

Tuesday 12 noon from February 2

Fee: \$120 8 x 1 hour sessions

Elementary

This class is designed for people who have completed beginners or who can converse on a basic level in French

Tuesday 9.30am from February 2

Fee: \$120 8 x 1 hour sessions

Intermediate

This class is suitable for adults who are able to converse in the present, past and future tense.

Tuesday 10.45am from February 2

Fee: \$120 8 x 1 hour sessions

GERMAN

Beginners

This class is designed for people who have little or no previous knowledge of German

Tuesday 2.30pm from February 2

Fee: \$120 8 x 1 hour sessions

Intermediate

This class is designed for people who have completed beginners or who can converse on a basic level in German

Tuesday 1.15pm from February 2

Fee: \$120 8 x 1 hour sessions

ITALIAN

Beginners

This class is designed for people who have little or no previous knowledge of Italian.

Thursday 6.15pm from February 4

Fee: \$120 8 x 1 hour sessions

Intermediate

This class is suitable for adults who are able to converse in the present, past and future tense.

Thursday 7.30pm from February 4

Fee: \$120 8 x 1 hour sessions

Bookings and Enquiries:

Sigrid (Language Matters) 0409 519 481

Email- Sigrid@language-matters.com.au

Website- www.language-matters.com.au

TAI CHI

Terms run for 15 weeks. Approximate starting dates, February May and September. Classes are held at the Centre.

Thursday 7.30pm

Enquiries: Lee Wong: 9891 3628

Other Activities...

Birthday Parties

Gymnastic Parties

Brighton Recreational Centre offer Gymnastic Birthday Parties on Sundays from 10-12pm or 12-2pm for both boys and girls aged 6-12 years. The party includes artistic gymnastics (bars, beam, floor and rings), fun activities and lots of variety! The minimum number is 10 and the maximum is 24.

Do It Yourself at the Rec!

Hire one of our rooms at the Centre and run your own party or hire an entertainer to help you out.

For **Sportzbuzz Party** details, contact

Nicole on 0407 006 885.

Contact the Centre for an Information Sheet.

PRE SCHOOL HOLIDAY PROGRAM

Wonderful program for Preschoolers aged 3-5 years held at Hurlingham Park Kindergarten, East Brighton.

Monday March 29 - Thursday April 1

9.00am-1.00pm

Cost: \$26 per day

SCHOOL AGE HOLIDAY PROGRAM

Fantastic program for Primary School age 5 to 12 year olds run at the Centre and includes Excursion Days.

Monday March 29 - Thursday April 1

CLOSED APRIL 2 - APRIL 5

Tuesday April 6 - Friday April 9

Daily Fee: \$33

Excursion/Incurion Days: \$44

Contact the Centre for program information

Book early to avoid disappointment!

GROUP PERSONAL TRAINING

GET FIT FOR SUMMER

Get Motivated and join our team at the Brighton Recreational Centre. Tuesday and Thursday mornings from 6.30am-7.30am. Get fit and have fun with family and friends in structured group training sessions. A variety of activities to suit all fitness levels will get you results in a fun and dynamic environment.

Enroll now for six weeks at the reduced rate of \$270 (Normally \$324) Book at the Centre or for further information contact Jasmine at Corporate Release on 0422 632 839

TENNIS CARDIO

Aerobics on a tennis court. This high intensity specifically designed program is all about your fitness not how you hit! You will get your best "work out" possible, with the most enjoyment that could be gained on a tennis court. First session FREE.

7.00—8.00am Wednesday and Friday Classic Cardio

9.15-10.15am Friday Classic Cardio

9.30—10.30am Wednesday Classic Cardio

12.00-1.00pm Tuesday Lets Play Cardio

9.15—10.15am Friday

Venue: St Andrews Tennis Club

Important Information...

OPERATING HOURS

Monday - Thursday	9.00am - 10.00pm
Friday	9.00am - 7.00pm
Saturday	9.00am - 5.00pm
Sunday	9.30am - 4.30pm

ENROLMENTS

Enrolments can be made in person at the Centre or over the telephone using credit card facilities.

RE ENROLMENT WEEK

Saturday March 13 - Saturday March 20

Re enrolment week is the second last week of each term. To secure your place in the same class on the same day and time, you must re enroll during this week.

GENERAL ENROLMENTS

Monday March 22

General Enrolments is when you can enroll into a new class or change classes. It opens on the last Monday of each term with Occasional Care from 8.30am and Term Programs from 9.00am.

PAYMENT: Payment must be made at the time of enrolment.

AN ACCOUNT: In the event of an account being rendered, a \$2.50 administration fee will be charged.

CONCESSIONS BENEFIT REBATES: Some weekly daytime (before 5.00pm) Centre based adult activities carry a 15% reduction for pensioners and unemployed on the production of a health care card.

CANCELLATION: Should a class be cancelled due to lack of enrolments or other reasons, fees are refunded in full and enrollees informed by telephone.

REFUNDS: People wishing to withdraw from a course must do so prior to commencement of the course. An administration fee of \$8.50 will be charged, otherwise refunds do not apply.

PLEASE DO NOT leave your child unattended in the Centre until they have been seen by the program instructor.

ALL CHILDREN must be picked up directly from their class / Tutor.

Bayside Cluster of Community Centres

The Brighton Recreational Centre is a member of the Bayside Cluster of Community Centres. If the course you are looking for is not run or not available at BRC, you may find it at one of the other Centres.

Sandybeach Centre - 2 Sims Street Sandringham

www.sandybeach.org.au

95982155

Hampton Community Centre - 14 Willis Street Hampton

www.hamptoncommunitycentre.com.au

95982977

Castlefield Community Centre - 505 Bluff Road Hampton

9598 0662

Highbett Neighbourhood House- Livingston Street Highbett

9555 3797

