

Brighton Recreational Centre – PlayGym Participation Policy

To ensure a safe and enjoyable experience for all participants, families attending PlayGym are required to follow the guidelines below:

1. Parent/Guardian Supervision

- A parent or guardian must accompany and actively supervise their child at all times while in the gym.
- Coaches and staff are present to assist and ensure safety standards are maintained, but parents are responsible for their child's direct supervision.

2. Equipment Use

- Please **do not adjust, move, or alter any gymnastics equipment**. Equipment is set up to meet safety requirements and must remain as arranged by staff.

3. Food and Drink

- **No food or drink is permitted** inside the gymnastics area. Please use designated foyer or café areas for snacks and drinks.

4. Age Restrictions

- PlayGym is designed for **pre-school aged children only**.
- **School-aged children are not permitted** to participate or enter the gym space during PlayGym sessions.

5. Supervision Standards

- Parents/guardians must ensure **active supervision** at all times, keeping children within sight and reach.

6. Insurance Notice

- Please note that **gymnast insurance cover does not apply** to PlayGym sessions. Participation is at your own risk.

Thank you for your cooperation in helping us maintain a safe and fun environment for all children.