



BEHAVIOURAL MANAGEMENT POLICY

Purpose

This policy outlines the approach taken to support positive behaviour and participation within gymnastics classes. It ensures a safe, respectful, and supportive environment for all gymnasts, coaches, and families.

Scope

This policy applies to all gymnasts participating in programs and is implemented by all coaching staff.

Behaviour Management Process

1. Remind

Coaches will provide a clear and calm reminder of class expectations, instructions, and rules of participation. This step aims to redirect behaviour and support understanding.

2. Reposition

If behaviour continues, the gymnast may be repositioned to a different activity, station, or area within the class to encourage positive engagement and minimise disruption.

3. Remove

If behaviour does not improve, the gymnast will be removed from the group and referred to the Program Coordinator or Gym Manager for further support and guidance.

4. Reconnect

The gymnast may return to the class once approved by the Program Coordinator or Gym Manager. Expectations will be reinforced prior to rejoining the group.

Expectations

- Gymnasts are expected to follow coach instructions at all times.
- Respect for coaches, peers, and equipment is required.
- Safe participation is essential in all activities.

Commitment

Our goal is to support every gymnast in developing positive behaviours while fostering confidence, respect, and enjoyment in the program.