



Gymnast Participation Policy

Policy Purpose:

To ensure a safe, respectful, and supportive environment for all gymnasts during classes and activities.

Scope:

This policy applies to all gymnasts enrolled in our programs.

Policy:

All gymnasts are expected to:

1. Look

Gymnasts must look at their coach when instructions are being given to ensure understanding and attention.

2. Listen

Gymnasts must listen carefully to all instructions provided by the coach.

3. Follow

Gymnasts must follow all instructions to maintain safety for themselves and others.

4. Support

Gymnasts must demonstrate support for their peers by encouraging them with positive and kind words.

Responsibilities:

- Coaches are responsible for reinforcing these rules and ensuring compliance.
- Gymnasts are responsible for actively following these rules during all classes and activities.

Compliance:

Failure to adhere to this policy may result in corrective actions, including reminders, repositioning within class, or parent contact, in line with our broader behaviour management procedures.

Review:

This policy will be reviewed annually to ensure relevance and effectiveness.